

Dear Lord,  
Hear my prayer,  
Guard and keep me while I sleep,  
Safe from fears, safe from pains,  
Bless my loved ones,  
Strengthen the weak,  
Feed the hungry,  
Heal the sick  
and enrich the poor,  
Help me to enact your will,  
and bring peace between people and  
nations.  
Lord in your mercy,  
Hear my prayer.