

CITY CATERING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salmon Bites

**Savoury Mince
Beano**

**Oven Baked
Sausages
Gravy**

**Roast Beef and
Yorkshire Pudding
Gravy**

**Cheese and
Tomato Pastry**

Creamed Potatoes

Creamed Potatoes

**Creamed Potatoes
Roast Potatoes**

Chipped Potatoes

Baked Beans

Garden Peas

Sweetcorn

Baton Carrots

Baked Beans

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Sunshine Muffin

Rice Krispie Crunch

**Jam Tart
Custard**

Fruit Cup

**Chocolate and
Banana Cake
Chocolate Sauce**

Fruit Juice

Chilled Milk

AVAILABLE DAILY

BREAD

CHILLED MILK

MILKSHAKE

FRUIT JUICE

WATER

AVAILABLE DAILY

October 2011 St Joseph's Preparatory Nursery Menu Week 1



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CITY CATERING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Seasoned Battered
Fish with
Parsley Sauce**

**Pork, Leek
and Potato Bake
Gravy**

**Jacket Potato with
Cheese and Beans**

**Roast Turkey
Sage and Onion
Stuffing, Gravy**

**Oven Baked
Fish Fingers**

Creamed Potatoes

Boiled Potatoes

Boiled Potatoes

Hash Brown

Garden Peas

**Julienne Carrots
Garden Peas**

Sweetcorn

Baton Carrots

Baked Beans

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

**American Chocolate
Cookie
Custard**

**Lemon Drizzled
Iced Sponge
Custard**

**Rice Pudding or
Ice Cream
with Fruit**

Fruit Yogurt

**Crackers and
Cheese**

AVAILABLE DAILY

BREAD

CHILLED MILK

MILKSHAKE

FRUIT JUICE

WATER

AVAILABLE DAILY

October 2011 St Joseph's Preparatory Nursery Menu Week 2

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CITY CATERING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oven Baked Sausages
Yorkshire Pudding
Gravy

Oven Baked Fish
Fingers

Margarita Pizza

Roast Lamb and
Mint Sauce
Gravy

Cheese and
Potato Bake

Boiled Potatoes

Creamed Potatoes

Spicy Wedges

Creamed Potatoes

Hash Brown

Baton Carrots

Baked Beans
or Garden Peas

Baked Beans
or Sweetcorn

Seasonal Cabbage
Baton Carrots

Baked Beans

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Golden Crunch
Cookie
Custard

Chocolate
Shortbread
Custard

Arctic Roll or
Rice Pudding
with Fruit

Fruit Cup

Chocolate Muffin
Custard

AVAILABLE DAILY

BREAD

CHILLED MILK

MILKSHAKE

FRUIT JUICE

WATER

AVAILABLE DAILY

October 2011 St Joseph's Preparatory Nursery Menu Week 3



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CITY CATERING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Spaghetti
Bolognaise**

Margarita Pizza

**Chicken and
Sweetcorn Pie
Gravy**

**Roast Pork and
Apple Sauce
Gravy**

**Seasoned Battered
Fish Fillet**

Garlic Bread

Jacket Wedges

Creamed Potatoes

Creamed Potatoes

Chipped Potatoes

Garden Peas

Baked Beans

**Baton Carrots
Sliced Green Beans**

**Carrots and Swede
Seasonal Cabbage**

**Baked Beans
or Sweetcorn**

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Vegetable Nibbles

Fruit Cheesecake

**Chocolate Drizzled
Flapjack**

Fruit Yogurt

**Chocolate Brownie
Custard**

**Raspberry Bun
Custard**

Fruit Juice

AVAILABLE DAILY

BREAD

CHILLED MILK

MILKSHAKE

FRUIT JUICE

WATER

AVAILABLE DAILY

October 2011 St Joseph's Preparatory Nursery Menu Week 4



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